

To: Matt Cherry, President and Members of City Council  
From: Wade Kapszukiewicz, Mayor  
Subject: Appointment to the Toledo-Lucas County Health Board  
1/17/2023

**I Recommend the Following Appointment to the Toledo-Lucas County Health Board**

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Appointee	Appointee Replaced	Proposed Term of Office	Section 61 waiver as a special engagement	Reserved Slot / Type	Recommended by ( if applicable)	Attendance Record	Resume attached
Sonia Flunder-McNair	Jered Wilson	continuation of 4 years expiring, 05/24/2026	no	Resident of Toledo	Mayor		yes

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Wade Kapszukiewicz  
Mayor

**From:** Jered Wilson <jeredwilson@gmail.com>

**Date:** January 12, 2023 at 2:08:10 PM EST

**To:** karen.poore@yahoo.com

**Cc:** zgodzine@co.lucas.oh.us

**Subject:** Board of Health Resignation

Dear Karen,

Thank you so much for the opportunity to serve on the Board of Health. Unfortunately, due to a job change I am out of town most workdays which makes participating in the Board meetings not possible due to the limitations on conference and video participation. Accordingly, please accept this email as my official resignation from my role.

If I can ever be of service to the City of Toledo, please don't hesitate to reach out.

Sincerely,

Jered Wilson  
2426 Meadowwood Drive  
Toledo, OH 43606

# Sonia Flunder-McNair

## Executive Director

Toledo, OH 43607

soniasorganic419@outlook.com

Passionate leader and activist skilled and experienced in education, programming and product formulation rooted in wholistic wellness and community. Seeking innovative opportunities to engage the community through education, instruction, land development and the creation of economic advancement.

## EXPERIENCE

### **SONIA Organics Products, LLC**

*Founder and Owner*

JUNE 2017 - PRESENT

- Through natural wellness education, we teach people how to:
  - Use food and herbs as medicine
  - Understand ingredients and their health effects
  - Proactively handle stressors and disease threats
- Through community development, we:
  - Revitalize undeveloped land into usable spaces
  - Mobilize communities to promote sustainable neighborhoods and lifestyles
  - Leverage natural resources and waste reduction to create self-sufficiency
- Through youth programming, we teach young people how to:
  - Grow/harvest food
  - Jumpstart generational wealth through entrepreneurial farming/commerce
  - Understand organic formulations and invent useful products

### **Urban Wholistics by SONIA Organics, 501-c3**

*Founder and Executive Director*

NOVEMBER 2019 - PRESENT

- Beautify open land in neighborhoods that have been historically excluded from access to wholistic green spaces
- Making a strong contribution to an improved environment, job creation and giving back to our community through the development of green spaces
- Engage the community through education, instruction, land development and the creation of economic opportunities.

## EDUCATION

**TPS, Toledo, OH**

*High School Diploma*

May 1991



## **AWARDS AND CERTIFICATIONS**

### **Jerry Bannister Green Stewardship Award**

*Urban Wholistics*

Keep Toledo Lucas County Beautiful, 2021

### **Juneteenth Changemaker Award**

*Sonia Flunder-McNair*

Toledo Museum of Art, 2022

### **Community Service Award**

*Sonia Flunder-McNair*

NSPDK, Inc., Beta Gamma Chapter, 2022

### **Community Service Award**

*Sonia Flunder-McNair*

Coalition of Black Trade Unionist, 2021

### **Black Girls Rock and Exemplify Excellence Award**

*Sonia Flunder-McNair, Community Change Agent*

Alpha Kappa Alpha Sorority, Inc, 2020

### **Black Lives Matter Award**

*Sonia Flunder-McNair*

Community Solidarity Response Network, 2021

### **GAP Certified**

*Sonia Flunder-McNair*

OSU Expansion, 2015