



OhioGuidestone

WHERE NEW PATHS BEGIN

OneOhio

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Impact Across the State of Ohio



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19,905

Children, parents, and teachers received consultation and prevention services (FY24)

24,650

Unique clients served through all other programs (FY24)

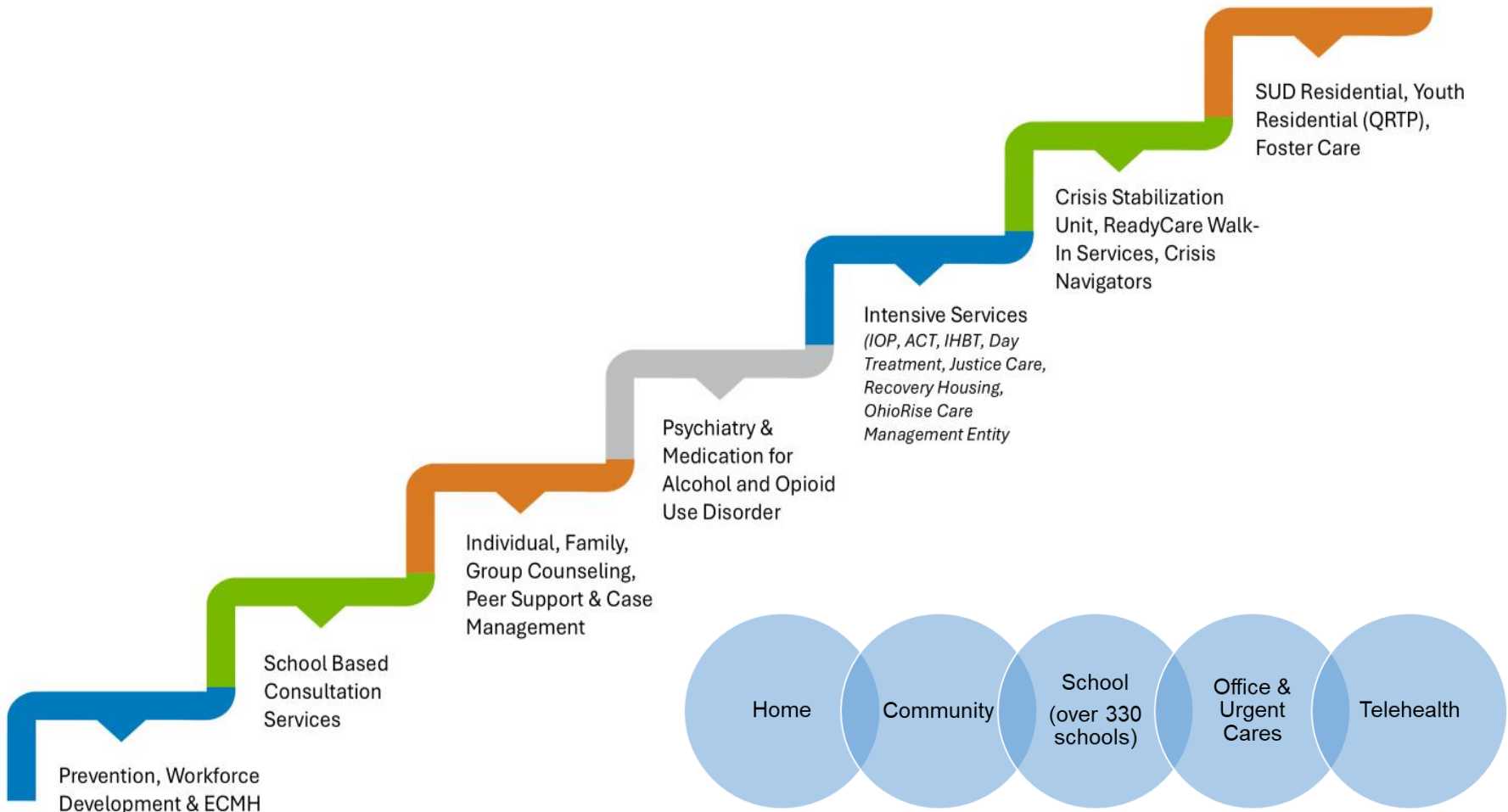


Our Mental Health & Substance Use Service Continuum



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WHERE NEW PATHS BEGIN



Where is OhioGuidestone?



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WHERE NEW PATHS BEGIN

Outpatient Services

1832 Adams Street
Toledo OH, 43604



Services Offered



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WHERE NEW PATHS BEGIN

- Assessment
- Individual, Couples and Family Counseling
- Therapeutic Behavioral Services
- Substance Use Disorder Targeted Case Management
- Mental Health Group*
 - **Emotional Skills Regulation System (ERSS)**
- Substance Use Disorder Group*
 - **Intensive Outpatient Services (IOP)**
 - **Non-Intensive Outpatient Services (NIOP)**
 - **Aftercare (Relapse Prevention)**
 - **Addressing Thinking Errors**
- Psychiatry- ages 6 and up
 - **Mental Health Psychiatry**
 - **Medication Assisted Treatment (Suboxone, Sublocade, Vivitrol and Naltrexone)**
- Relational Skill Building (Nurturing Parenting)
- Early Childhood Consultation and Counseling
- School Based Services

*Transportation Offered

Specialty Services



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- ReadyCare
 - **Tuesday and Thursday, 10am-2pm at 1832 Adams St. Toledo, OH**
 - **Walk-in services for immediate linkage to assessment, therapeutic behavioral health services and medication management evaluation**
- Dialectical Behavior Therapy
 - **Individual, Group and Multi-Family Group treatment for youth (ages 12-18) and adults**
 - **Comprehensive and fidelity treatment**
- Double Arc Center for FASD
 - **Diagnosis, treatment and consultation for Fetal Alcohol Spectrum Disorder (FASD)**
 - **1 of 3 diagnostic clinics in Ohio**
- Project Direct Link
 - **Provided to individuals incarcerated in Lucas County Corrections Center and Correctional Treatment Facility.**
 - **Services include assessment, connection to treatment services and Medication Assisted Treatment (MAT) for opioid use before release from incarceration.**

Specialty Services



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- Expressive Arts
 - The use of movement, music, performance, image making, creative writing, play and imagination in the service of healing mind and body.
 - Incorporates evidenced-based psychotherapy theory with creative expression.
 - **Groups Offered***
 - Healing Trauma
 - Discovering Self Compassion
 - Brushing Away Stress
 - The Art of Recovery



Clients Served



1,734 Lucas County residents served

Concern

- 1,503 treated for mental health
- 231 treated for substance use disorder only

Ages

- 1,011 adults served
- 723 youth served

Where is OhioGuidestone?



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WHERE NEW PATHS BEGIN

The Renewal House

463 6th St.
Toledo, OH 43605



Renewal House East



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- Opened in 2015
- Ohio Recovery Housing Certified- Level 2 (Monitored)
 - **Managed environment**
 - **House Rules**
- Provides housing for up to 10 adult males.
- The length of stay is resident-driven but the average stay is around 120 days.
- Each resident receives individualized, person-driven recovery plans. These plans include linkage to programs for life skills development.

Clients Served



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- 35 clients served in 2024
- At move-in
 - **31 had no income- 89%**
 - **22 had legal involvement- 63%**

Measurement Based Care



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- Measurement-based care is a clinical approach that utilizes patient-reported data, such as symptom severity or progress, to inform treatment decisions and monitor treatment effectiveness
- OhioGuidestone utilizes various measurement tools to determine outcomes for the client we serve.
- Renewal House East utilizes client-reported Ohio Recovery Housing surveys for data specific to recovery housing.



The Need for Recovery Supports

- Lucas County has a drug overdose death rate at 55.3 deaths per 100,000 population in 2023.
 - **Source: Ohio Department of Health- Ohio Unintentional Drug Overdose Deaths Report**
- Toledo has 2.3% of the state's entire population but had nearly 5% of the state's overdose deaths in 2020.
 - **Source: Drug Enforcement Agency**
- Recovery housing is associated with a variety of positive outcomes for residents including decreased substance use, reduced likelihood of return to use, lower rates of incarceration, higher income, increased employment, and improved family relationships
 - **Source: SAMSHA**
- Approximately 50% of individuals in Recovery Housing have no income at all.
 - **Source: Ohio Recovery Housing**

The Recovery Journey



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- Residents often need assistance with:
 - **Scheduling and attending criminal justice appointments such as meeting with probation and court**
 - **Going to job interviews**
 - **Transportation to work until they receive their first few paychecks**
 - **Linkage to medical care**
 - **Linkage to sober support networks**
 - **Transportation to treatment services**

OneOhio Award



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Rent and Transportation Assistance for Lucas County Renewal House East Residents

- Rent
 - **OhioGuidestone offers a 60-day rent scholarship program to individuals entering recovery housing**
 - **This scholarship results in a loss for the agency**

Transportation

- **OhioGuidestone offers transportation assistance to our services.**
- **Transportation assistance can also be offered at times by house staff but is limited due to staffing and amount of transportation assistance needed**

How this helps



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- OneOhio funding will provide support to residents for up to 36 months
- Due to having this support, residents will have time to focus on their recovery before focusing on obtaining income to pay for basic needs of housing and transportation.
- This support allows residents to build their recovery capital, obtain income and learn skills to budget to meet their needs unassisted

Access to our Organization and Services



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Website: www.ohioguidestone.org



Web Request: <https://ohioguidestone.org/request-for-services/>



Phone: 844-6CALLOG



Email: GetHelp@OhioGuidestone.org



Institute for Family & Community Impact:
<https://institute.ohioguidestone.org>

Accreditations and Partnerships



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OhioGuidestone's services and staff adhere to the highest possible standards to ensure quality care for those we serve. We are accredited by agencies that represent the gold standard in mental health and substance abuse care and services



We are so grateful to have the backing and support from our community partners who consistently lead with us in our mission to help Ohioans.



Contact Information



OhioGuidestone

WHERE NEW PATHS BEGIN

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