

Update: Healthy Food, Small Market Program



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Deputy Health Commissioner
July 8, 2024

Toledo City Council
Parks, Education, Recreation & Health Committee
July 8th, 2024
3:00p.m.

Healthy Food, Small Market = Healthy Corner Store Initiative

Healthy Food, Small Market Program has three primary goals:

- Enhance Healthy Food Accessibility
- Empowerment through education and training
- Fostering community partnerships



Accomplishments

- Hired programmatic staff, Stephanie Baltes, RD,LD
- Established a diverse Healthy Corner Store Committee
- Designed and implemented HFSM website
- Created and released notice of funding availability (NOFA)
- Connected with other similar projects (nationally)



Updated Timeline

Activity	Time	Date
NOFA/ Application Release	8:00am EST	June 17, 2024
Application submission deadline	3:00pm EST	July 31, 2024
1 st round of applications review		August 1, 2024
Top applicants identified	8:00am EST	September 2, 2024
Begin 2nd round in-person interview and in-store assessment		
Top 6 applicants to receive Notice of Award	8:00am EST	October 1, 2024
Contract execution deadline for applicants	8:00am EST	November 1, 2024
Project start date	8:00am EST	January 1, 2025
Project expenditure deadline	4:00pm EST	December 31, 2026

Diverse Representation

Healthy Food, Small Market Program Committee formed with established and new community partners.

Partners represented on committee:

- OSU Extension
 - Board of Lucas County Commissioners
 - YMCA
 - ToledoGROWS
 - Toledo Lucas County Public Library
 - TLC Plan Commission
 - Grace Community Center/Junction Coalition
 - Mercy
 - United Way
 - Sofia Quintero
 - Promedica
 - TMACOG
 - Toledo Northwestern Foodbank
 - City of Toledo
 - Multiple staff members from the TLCHD
- *Additional discussions with Islamic Food Bank and Reinvest Toledo



NOFA/Application

Application Process

- ✓ Accessible electronically and hard copy
- ✓ Available in English, Arabic, and Spanish
- ✓ 6-week timeframe to apply, **due July 31st @ 3:00 p.m.**



Eligibility

- ✓ ≤5000 sqft of retail space
- ✓ Independently owned (not a franchise, chain, or gas station)
- ✓ Accepts SNAP
- ✓ Located in 43604 thru 40615 and 43620 zip codes
- ✓ Current Retail Food Establishment license & COT Convenience Store license*

Applicants needing support may contact the small business and nonprofit support at the TLCPL 419.259.5244 or attend an assistance session.

Live Q & A with TLCHD: July 17th 7:00p-8:30p at Mott Branch.



City of Toledo
Toledo-Lucas County Health Department
Notice of Funding Availability
Healthy Food Small Market Program

Selection of Applicants

Healthy Food, Small Market Program committee will review to ensure eligibility is met and score applicants based on the below criteria.

Criteria	Description	Maximum Points
Individual question participation	Answered all questions to provide an understanding of store's need for participation in program.	20
Program goals	Overall understanding of program goal. Demonstrates how program will improve health and wellness.	5
Healthy food promotion	Demonstrates commitment to promoting the sale of produce and healthy foods.	5
Marketing	Demonstrates commitment to partnering with program, open to changes within the store and community involvement through marketing.	5
Budget and Financial Need		
<ul style="list-style-type: none"> Budget request 	Budget is reasonable and adequate to meet the goals and objectives of the project.	5
<ul style="list-style-type: none"> Justification of request 	Adequately explains and justifies costs.	5
TOTAL COMBINED POINTS		45

Selection, continued

- The top scoring applicants will be notified of their advancement to the second round, consisting of:
 - In-store assessment
 - In-person interview

- Results of these will be presented to the committee for funding determinations to be made.

- 6 stores , up to \$20,000 each. Must be spent by December 31, 2026.
 - Training and technical assistance
 - Food/nutrition education
 - Compliance checks
 - Evaluation efforts

Awards may be used for...

Marketing

- Community engagement
- Flyers/newsletters promoting healthy food items
- In-store signage
- Recipe/Nutrition education materials
- On-site food demonstrations
- Mailings/postcards

Healthy foods

- Foods that are nutrient dense
- Foods that limit fats, sugars, and sodium
- Foods that are not over processed
- Financial assistance to purchase healthy food
- Staff training to properly handle foods safely

Minor equipment

- Produce stands
- Shelving units
- Produce baskets/containers

Major equipment

- Commercial refrigeration unit
- Commercial freezer unit
- Point of Sale (POS) system
- Electrical upgrade for equipment



WINTER

Eat Fresh Live Well Newsletter

Did you know...
The phrase: "An apple a day keeps the doctor away," originated from Wales?
Apples contain Vitamin C, which aids the immune system, and helps to reduce cholesterol. They also reduce tooth decay!



Helpful Tips
How to select the best fruit:
Apples: Choose apples that are deeply colored, firm, and naturally shiny.
Bananas: Choose bright yellow bananas to eat right away or green bananas to ripen at home. Avoid bruised or split bananas.
Oranges: Choose oranges that have firm and smooth skins. Avoid shriveled oranges.
Grapes: Choose grapes that are plump, firm, and heavy for their size. They should be firmly attached to the stems without wrinkled or brown spots.
Strawberries: Choose berries that are uniformly red (not yellow or green) and shiny with fresh green tops. Make sure there aren't any crushed or spoiled berries in the container.

What's Cooking?
Homemade Slow Cooker Applesauce

Ingredients:

- 10-20 apples of any variety
- Cinnamon

Directions:

- 1) Peel, core, and slice the apples.
- 2) Turn the slow cooker on high.
- 3) Fill the slow cooker with the apples and sprinkle them with cinnamon.
- 4) Allow the apples to cook for 4-5 hours.
- 5) To speed up the process you can stir the applesauce.
- 6) Serve and enjoy :)

Serving size: 1/2 cup
Nutrition facts per serving:
70 calories, 0 fat, 0 protein,
0 cholesterol, 20 g carbohydrate



Thank You !

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OPPORTUNITY FOR HEALTHY CORNER STORE FUNDING

This program provides 6 stores up to \$20,000 of funding for healthy food, marketing, and equipment.

Who is eligible?

Stores less than 5000 sqft

Accepts SNAP

Current TLCHD Retail Food Establishment License

City of Toledo Convenience Store License (if applicable)

Not part of a chain, franchise, or gas station

City of Toledo zip codes:

43604	43608	43613
43605	43609	43614
43606	43610	43615
43607	43611	43620
	43612	

To see if your store qualifies and to apply, visit lucascountyhealth.com or scan the QR code for more information.



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